



2024 - 2025 St. Edward Cheerleading

The Purpose

The Cheerleading team at St. Edward is open to ALL 6th-8th grade girls—no experience necessary! Our Cheer team exists to represent SES through leadership by promoting school spirit, encouraging and supporting other school athletes, and setting a positive example among peers. Cheerleading at this pivotal age aims to help the girls build self-confidence, shift focus away from insecurities and develop skills that will benefit them as they transition into high school and beyond.

To sign up, visit <https://ses.stedward.org/athletics> and click the link for 6th-8th grade Cheerleading.

Cheerleading requires commitment, hard work, and a willingness to grow. If you have any questions, please contact fwebb@stedward.org or terihorsley99@gmail.com.

Uniform fittings will take place on October 11, 2024. Any cheerleader not fitted by then may face increased costs and not have a uniform at the start of the season.

Expectations

Academics

Parents acknowledge that all student-athletes must maintain:

- A conduct grade of "S" or 80% positivity
 - A 70 or above in all academic classes
- Academic checks will be conducted at the start of each season.

Camp

All cheerleaders are **REQUIRED** to attend a **Choreography Camp date TBA**. Hosted by the Father Ryan Cheer Program, this camp covers proper technique, jumps, chants, and our half time pep rally information. The camp fee is included in the cheer fees.

Appearance

- Uniforms must be clean and neat
- Proper uniform and accessories are required at all games, practices, and events

- No jewelry or gum allowed during games or practices
- Hair must be pulled up during games and practices
- Nails must be kept short

Practices

- Practices will begin the week after Fall break.
- Practices will be 1-2 times a week.
- After basketball season, practices will be scheduled as needed for the final Pep Rally.

Games

- We will cheer at select St. Edward basketball games
- Cheerleaders must arrive **30 minutes before** the start of the game
- Cheerleaders are expected to be courteous and ready to cheer without socializing on the sidelines
- When not actively cheering, cheerleaders must remain attentive to the game in a "cheer ready" posture (hands on hips or behind the back)
- Bring poms to every game, as they will be used throughout

Captains

- Each girl will have a chance to serve as Captain
- Captains will work with coaches, call cheers, and set an example in attitude, conduct, punctuality, effort, and integrity

Pep Rallies

We will perform at **3-4 pep rallies** throughout the year.

Absences

- Attendance is expected at all SES cheer events
- Any cheerleader absent for at least half a school day will not be allowed to perform at a game or event
- Missing a practice, excused or unexcused, may result in a cheerleader not participating in the quarter/half-time cheer/dance. This is to ensure safety during stunts.

Financial Responsibility

Every student deserves the right to participate in sports. If you'd like to be considered for reduced or no cost, select "Every Saint Plays" on the FACTS form. The uniform FACTS sheet will be at fittings. You will have a range of payment options.

Uniform Costs

New Cheerleaders

- Full uniform cost: \$230.00 (includes body liner/crop, bow, brief, socks, shoes, poms, jacket, practice t-shirt and bow)
- Shell and skirt rental fee: included (if purchased, additional \$105.00)
- Optional backpack: \$40.00

New Cheerleader Breakdown	
Shell Rental	\$35.00
Skirt Rental	\$15.00
Brief	\$10.00
Body Liner (crop)	\$20.00
Socks	\$6.00
Bow	\$15.00
Poms	\$29.00
Cheer Jacket	\$55.00
Shoes	\$45.00

Returning Cheerleaders

- Uniform cost: \$ 71.00 (base)
- Shell and skirt rental fee: included (if purchased, additional \$105.00)
- Includes bow and socks
- Any replacement items needed (see pricing guide)

Returning Cheerleader Cost Breakdown	
Shell Rental	\$35.00
Skirt Rental	\$15.00
Bow	\$15.00
Socks	\$6.00

A-la- Cart Items

Cost Per Item (must be ordered in October for this cost)	
Brief	\$10.00
Body Liner (Crop)	\$20.00
Socks	\$6.00
Bow (game day)	\$15.00
Poms	\$29.00
Jacket	\$55.00
Practice Skort	\$30.00
Shoes	\$45.00
Backpack	\$40.00

Season Fees

- **Season:** \$150.00

If you have any questions or concerns, please contact Athletic Director Feather Webb at fwebb@stedward.org or 615-833-5770.